



Reach Annual Family Weekend



Friday 20 – Sunday 22 October 2023

Delta Hotels by Marriott, Newcastle, Gateshead
Marconi Way, Metrocentre, Newcastle upon Tyne NE11 9XF

Chairman and welcome:



"On behalf of the Staff and Trustees of Reach, it gives me huge pleasure to welcome you and your family and friends to the Reach Annual Family Weekend for 2023. It promises to be a busy and fun-filled weekend for all ages, so buckle up and get involved in as many activities as you possibly can. Ashley, Sarah-Jane with the help of AFW guru, Sian, have been working on this weekend for months. The volunteer Trustees have been very busy working on your behalf to get Reach up and running after the pandemic and to grow and modernise all our Reach activities. We will fill you in during the day. We can look forward to a host of interesting Guest Speakers to inspire parents and children alike with their stories. The Exhibitors are giving their time today to show us what prosthetics, devices, aids, and associations are available to help us - so please don't miss them. Looking forward to meeting as many of you as we can at this great weekend. Your children will remember it forever."

Christopher Creamer, REACH Chair

The AFW EVENT SCHEDULE at-a-glance

DAY 1 Friday 20 October 2023: Hotel Check-in from 3pm

4.30pm: Reach AFW Reception opens in Delta Reception near entrance to conference facilities (see map on P12) – come and meet the team, register for the weekend, drop off any prizes you want to donate to Saturday's raffle and check out the Reach Shop and Swop Shop

6-8pm Welcome Reception in the LONDON SUITE & European 3 – Reach Trustees welcome you to our Family Weekend

DAY 2 Saturday 21 October 2023

The REACH Conference 10am-4pm
Childrens Creche and Young People's Workshops
9am-4pm & 6-9.30pm
The REACH GALA DINNER 7pm-1am

DAY 3 Sunday 22 October 2023

REACH Takeover, Shiremoor Adventure Play
10am-12 noon (bus leaves at 9.30am)
BOLDKids Parents Focus Group at Shiremoor Adventure Play
(see page 7 to get involved)
Branch Coordinators Meeting 9.30am-12.30pm
For full event schedule please see page 8-11

A message from the Reach Team re: The Reach Raffle...

If you would like to donate something to the raffle – bring it with you and give it to Sian, SJ, or Ashley at any point on Saturday and we will make sure it finds its way onto the Raffle table. All donations welcome to make our raffle a great success. Tickets will be on sale all day and the raffle will be drawn in the evening.

New to the programme for Friday eve: Booking



signing with CL Mears Author of A Very Tiny Adventure Published 2023. For this, her debut, Cat worked with Reach ambassador, Claire Cashmore, to ensure her character, Litla, was written factually and fabulously. Litla may have a little arm, but that doesn't stop her being kind, caring and fierce or stop her doing anything small like saving the world.

Guest appearances by Scotland's Magician, Scott the Magician & Facepainting by Dawn.

A message from BOLDKids: BOLDkids Focus Groups

We would love to talk to a small group of parents who are expecting or have a child up to the age of 2 years. We want to hear more about your experience as a parent and expectations about your child's early development, whilst sharing our research findings for the first time. If you would like to join us on Friday evening at the Marriott, or Sunday morning at Shiremoor please drop us a text on 07833 968229 or email at boldkids@durham.ac.uk



Our MC:

We're delighted to welcome back Alastair Greener as our MC, a role he first took on for us in 2014. As well as an accomplished event host, master of ceremonies and moderator Alastair is a TV presenter with over 25 years' experience. He is also a communications expert, working with corporate clients while

delivering keynote speeches specialising in generational communication. With his training company, Present Yourself, Alastair helps people communicate more effectively online, on stage and on camera. "I love coming to the family weekends and feel grateful to everyone over the years for making me feel welcome in this special family."

Our Guest Speakers 2023:



Bill Basford

My journey with Reach. In 1979 Bill and Bridget's youngest daughter Alice was born, leading them to hear of Reach, then a brand-new charity. From local branch to National contact, soon serving on the Council, then as National Chairman for 3 years, Bill worked to ensure Reach was known as

widely as possible, on early causal survey work, hand and arm development, he had contact with Health departments, even at Ministerial level, all around the country. In 1999, with Bills help, the idea of the REACH Bursary panel was born.



Louise Hawkins:

Lou, mum of two girls and a wearer of several different hats: a careers adviser the first half of the week and a coach the second half. As an adaptive athlete Lou trains 5 times per week and shares her journey on Instagram in the hope it will inspire others to get out of their comfort zone and try things, they never thought possible. Lou recently

launched the LOUP strap to help others in their chosen sport. Before she found training, Lou had poor mental health "you could say it gave me a new lease of life. I'm continuing to work on fully loving me... I will never let my disability hold me back." @loubihawkins



Dominic Hannett,

Prosthetics...is this the right thing for me? Dominic Hannett, Director of Clinical Services for prosthetic service provider, Opcare, works with the NHS across the UK and Ireland. Dominic has worked in prosthetics for 23 years and still enjoys what he does: "I try and approach prosthetics

from the point of view of the person and people involved – what is it that they want to achieve, what are their goals and ultimately, can we help? It's not always the case for everyone – the REACH weekend is testimony to that - in seeing people get on with life without any need or desire for help from a prosthetic limb. Conversely, I have worked with some people from crawling to marriage who can't imagine life without a prosthesis. There is no correct way – it is a personal, individual, instinctive choice."



Dr Dorothy Cowie,

BOLDkids: Motor development in limb differences: insights from the BOLDkids project. The BOLDkids project examines how children with a limb difference adapt their motor strategies, learning to complete everyday tasks skilfully despite their limb difference. We also look at how the developing brain supports this.

Dr. Cowie co-leads this project together with Prof. Tamar Makin (Cambridge University).

She is Associate Professor at Durham University, where her research covers many aspects of children's sensorimotor development.



Owain Beesley:

My Story and Trombone Tales. Owain is 13 and lives in South Wales. He's in Year 9 at Welsh medium secondary school. In 2022 he won The Anthea Bell Oxford University French to Welsh

translation Award; this year the Welsh Government asked him to join the Seren Foundation for strong academic work. Owain is keen on Super Mario Kart and won 2nd place at the 2022 YGBM championship. Right now, Owain is working toward his Grade 5 Trombone and it's this journey that Owain will share with us at conference.



Briony May:

Avid baker and creative, Avid baker and creative, Great British Bake-Off Star, Full time TV Presenter, an influencer where it counts: In 2021 and 2022, Briony was named on The Shaw Trust's Disability Power 100 List of the UK's most influential disabled people. All this and she

runs marathons! Very proudly for us Briony is also a REACH Ambassador. In true Saturday Morning Kitchen style Briony is, this year, delivering a baking demo live on stage!! @brionymaybakes



Matthew Phillips,

Strong-armed: Matthew Phillips, Paraclimber and 3-time world champion in the AU2 category of climbing. Matthew has been climbing for 7 years and has competed all over the world. Recently he has taken a

step back from competing to focus on developing his career as a climbing coach and route-setter. "This allows me to encourage people into the sport and create an inclusive environment for all."



Alex Brooker

A Dummies Guide to being an Inspiration. A Dummies Guide to being an Inspiration. Alex Brooker TV presenter, sports journalist and inspirational speaker is back! Alex's career spans from reporting and interviewing at the 2012 Summer

Paralympics alongside co-hosting The Last Leg, now in its 18th series. Most recently confronting his disability without jokes Alex's documentary My Disability and Me shares his journey. "For the audience to see someone like me, and not be staring at my hands and be listening to what I'm saying, is a big step forward. People aren't seeing it as defining me, it's just one aspect."

The Young Influencers Panel

chaired by Alex Brooker



I'm Ella a 22-year-old Graduate from the University of York currently working at AECOM as a Graduate Consultant in their Environment team. I'm also a Reach Ambassador. I've been a member of Reach from birth and love the community spirit of the charity. I live a very 'normal' life and am happy to chat about anything! [@ella.dickinson](#)



Emily Tisshaw is a writer, blogger, and disability activist. She has written for Stylist magazine, Ink Cypher and regularly writes articles for Within Reach, our charity magazine. Her other roles at Reach include working on the board as a trustee and being a mentor for the kids' camp aka RAW. She is a dancer and wild swimmer in her spare time. [@emilytisshaw](#)



Disabled model, disability advocate, and Visual Content Director for Liberare. Over the past 4 years, Gemma embarked on a transformative journey with her limb difference, driving change across her life. After being featured in Cosmopolitan & VOGUE her advocacy through her platform reshapes the perceptions and empowers others. [@gemmaadby](#)



India Sasha is an award-winning content creator from Belfast, Northern Ireland with over half a million followers. From there, she has grown to presenting radio, TV and hosting red carpet events, such as the Irish Film and TV Awards, as well as working with leading global brands in marketing. India was born with symbrachydactyly, and strives to improve the quality and quantity of representation for upper-limb difference in media. [@indiasasha](#)



I'm Jesse a content creator from Portugal. I'm mostly known for my funny videos where I prank people showing that I don't have a hand. I was born without a hand and I use my videos to show people that a "disability" shouldn't effect you. [@jesselhv](#)



Megan has a limb difference to her left hand (called Handy), and she is an award-winning content creator, along with her wife Whitney. They are known collectively as 'Wegan' and have a combined following of 500k+. They are also Fertility Equality activists. With a Masters in Equality and Diversity, Megan is passionate about creating awareness, representation and helping others. Whitney and Megan use their social platforms to showcase their love, break down stereotypes and inspire others. Megan is also our new Social Media Manager at Reach [@meganbaconeans/](#) [@whatwegandidnext](#)



Owain B, is also joining the Young Influencers Panel to give the 'next generation' perspective

A wonderful crew of guest speakers and panel members, gifting their time to share their stories, journey, learning and experience with Reach families - thank you!!

The Young Influencers Panel chaired by Alex Brooker [@alex_brooker](#)

Our Exhibitors

Our Exhibitors will be with us 9am-4pm in the main conference space in the European Suite on Saturday 21st October.

If you want to go along and meet the Exhibitors with your children - the window of opportunity is between 9 and 10am or 9 and 9.30am for those off to Whickham Thorn.



The **BOLDkids** team from Durham University will be with us all weekend: Updating and involving you in their research. There's also an opportunity for some families to visit the BOLD kids LAB on the Sunday afternoon, contact the Research Team to find out more: M:07833 968229 Email: boldkids@durham.ac.uk

BOLDkids
BRAIN ORGANISATION IN LIMB DIFFERENCES

METACARPAL

METACARPAL Prosthetics without compromise. Intuitive, cable-driven control combined with revolutionary functional innovations. Come talk, find out more, and get involved with Metacarpal.



EXPHAND Prosthetics makes 3D printed prosthetics for kids that can grow with them! We make lightweight body powered prosthetics in exciting colours. Come and say hello at our stand and try one out for yourself.

ExpHand
The hand that grows



The **OHMI Trust** finds and develops musical instruments for those with a range of limb differences. Come and try some out and open-up the world of music-making!

OHMI
Music-Making for People with Physical Disabilities
www.ohmi.org.uk

The **Hero Arm™** is now available through clinics in the UK, USA, and Europe. Come and meet the Open Bionics team and see how we can help you/your child explore funding options, and device suitability. Your bionic journey begins here.



KOALAA Project Limitless has already provided over 500 children across the UK with a Koalaa soft prosthetic for FREE! From 8 weeks to 18 years - we've got you covered! Chat to one of our team at the Reach family weekend to find out more and be fitted on the day!

Koalaa™

Our Supporters:

All these organisations are sponsoring activities, providing wonderful auction lots and/or going the extra mile to make the Reach Annual Family Weekend 2023 extra special – Thank you:

Virtual Studio Event Thank you to James & the team at Virtual Studio Events for years of production help putting this conference together. Their expertise makes this event possible!

Steeper Prosthetics sponsors of our KS1 Tiny Taster cooking workshop for children and the Twisting Duck DJ Workshop for young people – thank you!

Koalaa sponsors of our KS2 Tiny Taster cooking workshop, and an all-year-round supporter of Reach Branch Events – thank you!

The OHMI Trust for bringing their expertise and learning to share with Reach families in the shape of wonderful music workshop leaders and adapted instruments – thank you!

BOLDKids for bringing their expertise and learning to share with Reach families and for helping Reach Charity with venue hire costs – thank you!

Neilson Gifting an amazing Neilson Beach Club Holiday AND a Trek X-Caliber Mountain Bike for our Auction – thank you!

The Events Team at Delta Hotels at Marriott, Gateshead, for their kindness, patience, and support in making the Reach Family Weekend 2023 the best that it can be – thank you!

We also want to thank and give credit to our two Event Photographers, Ste & Phil who are gifting their time to document AFW 23 in pictures and film. We will share these pics and reels on social media from the event, and on our website after. **Please make sure you have completed a photo consent form before the event and please tell us if you don't want pictures of your family sharing and provide us with a photo so we can make sure we honour your wishes efficiently** email: ashleyb@reach.org.uk

Phil Paxton, photographer and Reach dad, and Reach member, **Ste Whiteoak**, who, with his family, has a photography business operating all across the Northeast, are very kindly giving us their time to shoot pictures of you – thank you Phil & Ste!!

The event will also be live streamed to Reach members across the UK who want to be with us and can't join us in person, so again, if you don't wish to be filmed, please let us know.

And lastly, but my no means least, we want to say thank you to the Reach Trustees for giving their time across the weekend to help backstage, onstage & front of house, Rita for running the shop, and to the wonderful Sian for being our AFW guru and arranging this year's Gala Dinner - back to stay we hope!

Thank you!!!!



Children & Activity Workshop Providers:

AFW Workshop programme: Saturday 21 October:

For children age 0-7
Saturday 9am-4pm

And children age 0-7 and young people age 8-16, 6-9.30pm

Tinies is an established childcare provider with over 45 years of experience. Tinies Yorkshire and Northeast have been running successful creches at corporate events, weddings, and with charitable and local authority organisations for many years. They are looking forward to providing a Kids Club Creche and Young Peoples Hang Out at the REACH AFW in October. The Tinies childcare sessions will have a wide range of activities for all ages, with baby areas, toddler play areas, lots of toys and imaginative play, creative activities and craft stations, dancing

Tinies

or sports and gaming areas. There will also be a visit from a Petting Zoo at this event where children will be able to ask questions and experience the animals if they would like, alongside other exciting things planned into the day including playful research with BOLDkids

NB: Priority will be given to children aged 7-10.



For children aged 5-10:

At Tiny Tasters we're all about FOOD! Through hands-on cooking experiences our aim is to support children to develop a positive and healthy relationship with food and cooking. Our focus is on three main elements- food confidence, early cooking skills and recipe inspiration, taking your tiny taster on a culinary adventure and equipping them with skills for life.

During the day OHMI are running 3 music-making workshops

Recorder - in this workshop we will explore the various one-handed recorders that allow you to play the full range of the instrument and learn some great tunes!

Brass - in this workshop we will explore a range of brass instruments with supportive stands including trumpets, cornets, and trombones. Come and feel what it is like to play in a brass band!

Guitar - in this workshop will explore the possibilities of the digital instrument, the Artiphon Instrument 1 to make a range of sounds from guitar and violin to drum kit. The possibilities are endless with this instrument!



For young people aged 8-17 PLAY IN A DAY with TWISTNG DUCKS THEATRE COMPANY



Working with facilitators from the Twisting Ducks, you will take part in a fun and exciting workshop exploring acting, dance, and movement to create an original performance in a day.

In the evening for young people aged 8-16: Warm-up & Performance at the Gala Dinner

+DJ Workshops (Your Disco Needs You!)
You will learn key DJ'ing skills, create your own DJ set, and DJ live at the evening disco.

ZUMBA & DANCE-OFF Workshops
in the Spa Studio with DanceFuse

Whickham Thorn Activity Centre

Aged 10-17 only:

Laser Tag - Snow tubing - Archery - Vertical Challenge - Assault Course

All activities for young people aged 8-17 are being supported by some of the amazing volunteer RAW 2023 Mentors - thank you!

North East Drive Mobility:

are coming on Saturday with a vehicle and a range of adaptations for you to check out - they will be out in the carpark in the coned off area - look out for their sign.



AFW Workshop programme: Sunday 22 October: 10am-12

REACH family play session at local Adventure Playground, Shiremoor

Swings, go carts, sand pits, climbing, den building, fire pit, forest school, lots to get the kids tired out before the journey home. **All ages welcome**



+ an informal focus group around the fire led by BOLDkids for parents with children aged 0-2 - to find out more please contact the Research Team: M:07833 968229
Email: boldkids@durham.ac.uk



A gentle reminder: Your children and young are always your responsibility across the weekend except when participating in Saturdays Activity Programme.

REACH



Event Schedule:

Friday 20 October 2023 Hotel Check-in from 4pm

4.30pm: Reach Reception, Shop & Swop Shop Open in the Delta Reception Area. Look out for our banner

6-8pm: Welcome Buffet in the London Room & European 3 - come and have a bite to eat, meet the Reach Trustees, writer Cat Mears, Magician Scott Cuthbertson, Face Painting by Dawn, and the BOLDkids Research Team. We also have use of European 3 (across the corridor from the London Suite) as a spill out space for our Welcome Event – here you will find tables and chairs, the Reach Shop & Clothes Swop Shop

NB: The Reach Shop is our designated Meeting Point for the weekend.

Saturday 21 October

REACH Conference & AGM in the European Suite

Event Schedule (updated October 2023)

Please note some of the timings and activities have changed since the first edition of this programme – please see below:

Time	Guest Speaker	Speech theme
9-10.00am	Conference doors open	Come and meet the Exhibitors in European Suite 3: They will be there all day, but this is the window of opportunity if you want your children to come with you...
10am-12.45pm	MC Alastair Greener Bill Basford Louise Hawkin Dominic Hannett Dr Dorothy Cowie Owain Beesley Chair Chris Creamer	Welcome to Gateshead! My Journey with Reach A few different hats” Mum, Sports & Life Coach and Inventor! Prosthetics....is this the right thing for me? Motor development in limb differences: insights from the Btids project My Story and Trombone Tales REACH AGM
1.15-2.15pm	LUNCH Buffet Style European Suite	Last call to let Dom (Guest Speaker Dominic Hannett) know where you want to sit for the Gala Dinner – he’s doing the seating plan – thank you Dom!!
1.45-3.25pm AFW Conference Afternoon Session	MC Alastair Greener Briony May Williams Matthew Phillips Alex Brooker	Welcome Back Briony’s No-Bake Cake Balls Cooking Demo - Saturday Morning Kitchen Style with Alastair on the sofa. Strong Armed A Dummies Guide to being an Inspiration.
3.25-3.30pm	Comfort Break	ALL welcome for the Young Influencers Panel but it’s not obligatory - totally up to you!
3.30-4pm	Young & Younger Influencers Panel	Chaired by Alex Brooker, Emily, Ella, India, Jesse, Gemma, Megan, and Owain talk about their experience of navigating the world as a young adult.
4.00pm	CRECHE CLOSES	Please remember to pick up your child!

Conference Morning Session

Afternoon Session

Saturday 21 October

Children & Young Peoples Activity & Workshop Schedule-Daytime

Please note only children and young people registered to the creche, and activities can attend – contact Ashley if you are not booked on and want to come.

Time	Location/Mentors	Activity	Need to know
9am-4pm	Athens Suite NB: For evening feeds the Delta Team have offered us a tucked away seating area in the Cast Iron Grill.	Feeding your baby: If you want a quiet space to feed your baby in, during the day, then come to the Athens Suite located just opposite where the conference is. If you need bottles warming, go to the Cast Iron Bar and they can do it for you there.	NB: Only available daytime.
9am-4pm	London Suite	Tinies Creche opens Ashley will have sent you a Creche Kit List – remember to check it out before you come!	If you need to contact the creche during the day call Creche Supervisor, Kate Hughes M: 07474 187106
9am	Dublin Suite Your RAW mentors: Esther, Louise & Fran	Twisting Ducks Play in a Day Workshop begins	Wear comfy clothes & trainers for movement
9.15-9.25am	Meet by Reach Reception Table. Your mentors: Max & Tom	Trip to Whickham Thorn, young people heading off to Whickham Thorn meet up	Wear practical clothing and footwear & remember your coat! Don't forget to pick up your packed lunch from the table.
9.30am	Leaving from Hotel Entrance opposite the McDonalds and Pizza Hut, NE11 9XF Your mentors: Max & Tom	Coach for young people off to Whickham Thorn leaves the Hotel	They will be back at 4pm
10-10.45am	Brussels Suite with Esther	Tiny Tasters Cooking Workshop (KS2) Sponsored by Koalaa	We're making Power Pasta. Recipe cards will be provided.
11-11.45am	Brussels Suite with Fran	Tiny Tasters Cooking Workshop (KS1) Sponsored by Steeper	
11-12 noon	Paris Suite with Louise	OHMI Recorder Workshop	
12-1pm	Cast Iron Grill with Tinies staff & RAW Mentors	Children & young people's lunch	Young people at Whickham Thorn will have lunch there.
1pm-4pm	Dublin Suite Your mentors: Esther, Louise, Chris, and Fran	Twisting Ducks Play in a Day Workshop resumes	
2-3pm	Paris Suite with Fran	OHMI Brass Workshop	
3-4pm	Paris Suite with Chris	OHMI Guitar Workshop	
4pm	Reception area	Whickham Thorn Crew return!	
4pm	See above and Event Map on back page to help find your child!	Activity Workshop & Creche finish for the afternoon	Back at 6pm!
5-6pm	Cast Iron Grill with parents and carers	Warm Buffet for children and young people	Make sure you've given your children's dietary requirements to Ashley

Saturday 21 October - Evening Schedule

NB Only children and young people registered to the creche, and evening activities can attend – only adults booked into the Gala Dinner can attend - if you want in but haven't booked contact Ashley as soon as you can, and we will try and fit you in.

Time	Location/Mentors	Activity	Need to know
6pm-9.30pm	Athens Suite Brussels Suite Paris Suite	Creche reopens for children age 0-7	For the evening Tinies Creche will be in the Athens, Brussels and Paris Suited located opposite the European Suite
6-9.30pm:	Cast Iron Grill Restaurant With the Tinies Team	Tinies Hangout for Young People aged 8-16: This will be your base when not participating in workshops. NB: If you're 13+ and want to go back to your bedroom during the evening that's fine but we need a parental consent form signed and we need you to sign in and out with the Tinies Team, so we know where you are in case of emergency.	All young people aged 8-16 to be signed in with the Tinies Team in the restaurant at 6pm. Any devises you bring with you are your responsibility - no photos to be taken in restaurant space.
6.15-7.15pm:	Cast Iron Grill Restaurant With the Tinies Team	Play in A Day Final rehearsal and Warm up	This activity is for Play in a Day cast members only
6-7pm	The London Suite	Pre- drinks with Alex Brooker, our Young Influencers panel and saxophonist, Katherine Byford – everyone welcome aged 17 up!	
6.15-7.15pm	Delta Spa Studio With the Tinies Team	Zumba – Dance off Workshop with DanceFuse	For young people aged 8-16 not taking part in the Play in the Day Gala Performance or DJ Workshop at this time.
6.30-8.45pm	Dublin Suite With DJ's Don & Keith and the Tinies Team	Twisting Ducks DJ Workshop for young people aged 8-16 Sponsored by Steeper	NB: Given the number of young people wanting to have a go Ashley will have given you a time slot for your session with the DJ's. When not in session you can either go to a Zumba Workshop or Hang out in the restaurant with the Tinies Team
7.00pm	European Suite	Gala Dinner doors open!	Dress Code: No Jeans or Trainers otherwise it's up to you! You will need lots of £1 coins - all will be revealed - and possibly your bank card if you get tempted by the raffle or auction!
7-9.30pm	European Suite	The Reach 2023 Gala Dinner with your MC Alastair Greener Food, fun & frolics!	
Between 7.15 & 7.30pm	European Suite With the Tinies Team	Play in a Day Workshop Team perform live at the Reach Gala Dinner	
7.30-9.30pm	European Suite	Dinner is served, peppered with party games, quizzes, an auction, raffle & the magic of Motown thrown in for good measure!	Orchestrated with magnificent calm by our very own Alastair Greener.
8-9pm	Delta Spa Studio With the Tinies Team	Zumba – Dance off Workshop with DanceFuse	For young people aged 8-16 not scheduled in for DJ Workshop at this time.

Saturday 21 October - Evening Schedule continued...

Time	Location/Mentors	Activity	Need to know
9pm	European Suite	The Reach Grand Auction with MC Alastair Greener	Auction Catalogue in your delegate pack and on your table
9.30pm	See above and map on back page to help find your child!	Tinies Team & Creche finish for the evening.	See above and floor plan in your delegate pack to help find your child!
9.30pm-1am	European Suite	GALA DISCO Time to kick off your shoes, let your hair down, and let the good times roll	Children & young people welcome to join Warning: Flashing lights and Lasers.
9.30-10.15pm	European Suite	Reach DJ Take Over	Reach DJ 's on the decks enabled by Twisting Ducks DJ's Don & Keith
10.15-11.15pm	European Suite	Rachel Francis takes us on a road trip back through time with some Soul Classics!	
11pm	Silent Auction Closes		
11.15pm	European Suite	The Delta DJ Takes us all the way home!!	Warning: Flashing lights and Lasers.
1am		Time for bed	

Sunday Morning - 22 October - Schedule

Time	Location/Mentors	Activity	Need to know
9-9.30am	London Suite	Reach Clothes Swop Shop open for final swops!	
9.30am	Leaving from Hotel Entrance opposite the McDonalds and Pizza Hut, NE11 9XF	Coach departs for Shiremoor Adventure Play	Those taking the coach to Shiremoor have permission from Delta to leave their luggage in their room for the morning. Please make sure to vacate your room by 1pm latest.
9.30-11.00am	London Suite	Branch Coordinators Meeting	With coffee and cake, we promise!
10am – 12 noon	Shiremoor Adventure Play	BOLDkids Focus Group' read Family play Session, Coffee & Cake (yum) & BOLDkids Focus Group.	
12 noon	Shiremoor Adventure Play	Coach departs for the Delta Marriott, Gateshead	
12.30pm	Delta at Marriott, Gateshead	Time to say bye-bye until next year	AFW 2024: Portsmouth Marriott 25-27 October 2024

A bit about our Gala Dinner - ITS BACK!



7pm-1am Saturday 21 October (pre-drinks 6-7pm in the London Suite)

Food, fun and frolics, a bit of serenading + a DJ Take Over all in one night!

Our MC for the night - Mr Alastair Greener

The table plan will be fixed on Saturday during the day - this is to give you time to decide who you want to sit with. Please go and find Dom at lunch time on the Saturday and he will use his incredible strategic skills to get us all sat down! NB This bit is important because we must let the banqueting team know by 3pm to make sure everyone gets the right grub!

If you would like to donate something for the raffle, please bring it with you and give it to Ashley as you register – anything goes and thank you!



Our musicians for the evening:

Local musician, mum and entrepreneur, Katie Sax will help get us in the mood during pre-drinks in the London Suite.

Charismatic and energetic singer, Rachel Francis will perform classic hits from the 60's right up to current guaranteed to get everybody up and dancing

Schedule (might bend a bit) looks like this:

6-7pm: Pre-drinks in the London Suite

7pm: Doors open for the Gala Dinner in the European Suite

7.15pm: Reach Play in a Day Performance

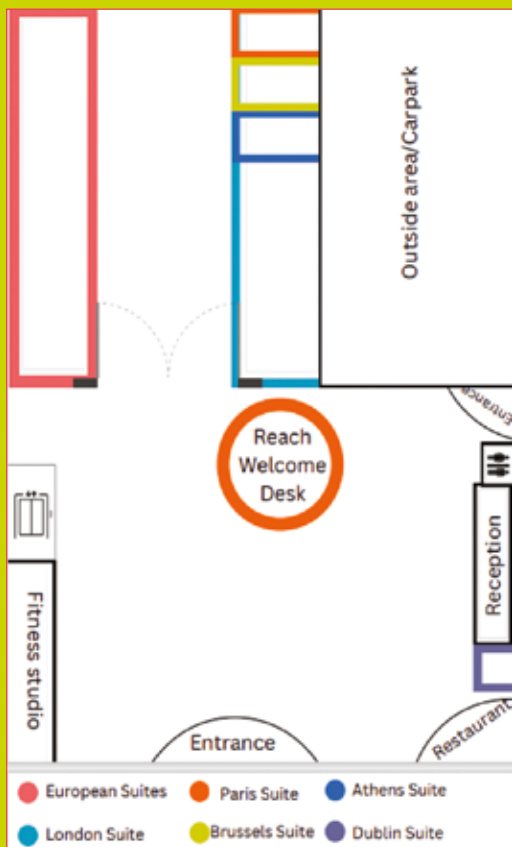
7.30-9.30pm: Dinner is served, peppered with party games, a Grand Auction, live music, and a quiz, not sure there's much time to eat!

9.30pm: Reach DJ Take Over Creche and young people's activities finish for the day

10.15pm: Soul Singer Rachel Francis takes to the stage

11.15pm-1pm: Dance the night away with the Delta DJ

A Neilson Beach Club Holiday could be yours! Sneak a look at our The Reach Auction with MC Alastair Greener Auction Catalogue – it's in your delegate pack - you can place a bid at the shop during the day and at the raffle table in the eve.



If you have any questions/queries re programme or have a safeguarding concern, please contact:

Sarah-janel@reach.org.uk

T: 0333 880 0350 M: 07932 747 652

If you have queries re booking, please contact:

Ashleyb@reach.org.uk

T: 0333 880 0360 M: 07932 747 654



A DATE FOR YOUR DIARY

AFW 2024 25-27 October 2024

The Portsmouth Marriott Hotel

'A modern Family friendly hotel' is once again playing host to Reach for our Annual Family Weekend, 2024. Meet up with old friends and make new as we come together, this time down south in this old historic port. Watch out for our EARLY BIRD RATE, going live Christmas 23.